Common Reasons to Contact The School Counselor

Meet The School Counselor

- Grief
- Worry or anxiety
- Sadness or depression
- Low self-esteem
- Difficulty regulating emotions
- Conflicts with friends or peers
- Behavioral concerns
- Academic concerns/support
- Test anxiety
- Difficulty being assertive and asking for help
- Crisis Intervention-Thoughts of self-harm or suicide
- Familial change
- College and Career Awareness

How to see the school counselor:

- ★ Student Self-referral
- \star Parent referral
- ★ Administrative, teacher, or other staff referral
- \star Referral by friend(s)



Geneva Perry M.S., PPS MTSS Elementary School Counselor

My name is Geneva Perry & I'm excited to be your MTSS School Counselor! I was born & raised in Moreno Valley, California - an Inland Empire native! I have been a school counselor for the past 6 years now and love every moment of it!

With a passion for student advocacy, I achieved:

- Bachelor's of Arts in Psychology from UC Riverside
- Masters in Education and Clinical Counseling, PPS credential at Azusa Pacific University
- Specialist Certifications in Restorative Practices; Anxiety & Stress; Grief & Loss; Trauma & Crisis; Mental Health; Culturally Sustaining Counseling; & Diversity, Equity & Inclusion.

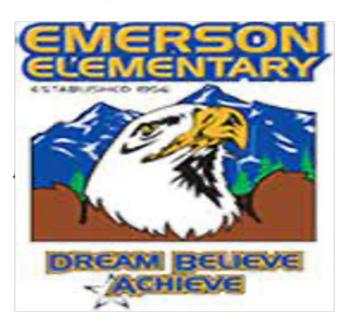
In my free time I enjoy spending time with my family and friends. I enjoy the outdoors, hiking, reading, traveling, eating at new restaurants, exercising, and more!

I highly value equity & believe in the personal dignity & value of each student & family that I serve!

Contact Information: Email: gperry@riversideunified.org Phone Number: (951) 788-7462 ext 41027 Website: emerson.riversideunified.org/

Confidentiality and your family's privacy are important to me. What you or your child discuss with a counselor is private except in cases required by law (when abuse or neglect are suspected).

School Counseling Program



Emerson Elementary School Riverside Unified School District

Classroom Lessons

School Counselors provide classroom lessons that are social/emotional, college & career, and academic driven. Our goal is to help students learn something about themselves & their development, such as self-concept, self-awareness, self-management, decision making, study skills, friendship, healthy habits, career information, & good citizenship. Led by school counselor & classroom teacher*.

*Research states that a partnership of teaching & counseling is the highest form of affective education!

Additional School Counseling Services:

- Preventative services, developmental activities, & remedial interventions
- Crisis Intervention
- Collaboration with parents, teachers, other helping professionals, & administration for student success
- Collaboration & referrals with outside community resources

Small Groups

Student helping relationship in small groups allowing students to share ideas about specific issues such as;

- Anxiety/Worry
- Family Changes
- Friendship Groups
- Academic Support
- Social Skills/Regulation
 - And More!

Led by school counselor throughout the week for 6-8 sessions total per group.

Short-Term Individual Counseling

Short-term, solution-focused student helping relationship individually exploring student concerns as well as making SMART goals & action plans. Led by school counselor until concerns are addressed and goals are achieved.

School counselors strive to impact student growth in three areas: Academic Development Career Development Social/Emotional Development

*All lessons are designed using the American School Counseling Association Mindsets and Behavior Standards and Student Competencies

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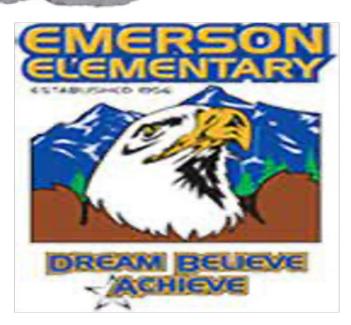
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